



MARY IMMACULATE PRIMARY

~ NEWSLETTER ~

Term 3 Week 9 : Monday 11th September 2017



Dear parents and caregivers,

Over the last few weeks our students have been involved in various online assessments. Years 3 and 5 participated in the Naplan Online Item Trial testing.

The trial is a set of computer-based tests, which are delivered using the online national assessment platform. The purpose of the Item-Trial is to evaluate NAPLAN test items that are under consideration for inclusion in future tests.

Our year 4 and 6 students have undertaken the Religious Literacy Assessment. This assessment consists of an online test based around questions addressing the deeper understanding of our Religious Faith. In addition to the online test the year 4 students completed an extension activity. This activity is based around the topic of Reconciliation and is a follow up of the unit studied in class. The students were asked to complete a practical assessment relating to their understanding of Reconciliation in a creative way. We are grateful to our teachers for their guidance and support given to the students.

Work on the retaining wall near MacKillop Hill is nearing completion. An additional space has been created as a result, which will provide the children with an extended artificial grass area. We look forward to being able to make this area accessible over the next few weeks.

As a community we have been waiting in anticipation for the airing of MIPS Stronger Together Fun Run on the Channel 7 network. **The wait is over!** I have been advised that the piece will be on the Morning Show tomorrow **Tuesday 12th September at 11:05am** and **Thursday 14th September at 10:35am**. Our intention is to rearrange our lunchtime in order to gather as a school to view our claim to fame.

Have a wonderful week with your beautiful children.

Thank you for your on going support.

Mrs Mizzi
Acting Principal

UNIFORM TRANSITION

Students are able to wear their full Summer or Winter uniform whichever is comfortable for the next 2 weeks as the temperatures are expected to increase.



HAND FOOT & MOUTH DISEASE

There has been a case of hand, foot and mouth disease within our school community. Hand, foot & mouth disease is a common viral infection. This is not for serious concern. Further information available direct from NSW Government Health following on the next page.

LAST DAY OF TERM 3

Next Friday 22nd September, 2017

FIRST DAY OF TERM 4

Monday 9th October, 2017

125 Barnier Dr Quakers Hill NSW 2763

www.maryimmacqhill.parra.catholic.edu.au T: 9626 3999 E:mimmac@parra.catholic.edu.au

Factsheet



Health

Hand, foot and mouth disease fact sheet

Hand, foot and mouth disease is a common viral infection which is easily passed from person to person. It usually causes a mild illness but rarely causes serious illness. It is not related to the foot and mouth disease that affects animals. Good hygiene helps prevent infection.

Last updated: 22 March 2017

What is hand, foot and mouth disease?

Hand, foot and mouth disease is generally a mild illness caused by a number of enteroviruses, including coxsackieviruses. It is usually not a serious illness, and occurs and is not related to the foot and mouth disease that affects cattle. It mainly occurs in children under 10 years of age but can also occur in older children and adults.

What are the symptoms?

Hand, foot and mouth disease starts with blisters that begin as small red dots which later become ulcers.

- Blisters appear inside the cheeks, gums, and on the sides of the tongue, as well as on the palms of the hands and soles of the feet. In infants, blisters can sometimes be seen in the nappy area. Blisters usually last for seven 7 to 10 days.
- Children can sometimes have a low fever, irritability, sore throat, tiredness, feel off colour and may be off their food for a day or two.
- Very rarely, enteroviruses can cause other illnesses that affect the heart, brain, lining of the brain (meningitis), lungs, or eyes.

How is it spread?

Hand, foot and mouth disease is usually spread by person-to-person contact. The virus is spread from the faeces of an infected person to the mouth of the next person by contaminated hands. It is also spread by secretions from the mouth or respiratory system, and by direct contact with the fluid from blisters .

It usually takes between three and five days after contact with an infected person before blisters appear. The viruses can remain in faeces for several weeks.

Who is at risk?

The viruses that cause hand, foot and mouth disease are common and particularly affect children.

Many adults, including pregnant women, are often exposed to them without symptoms. There is no clear evidence of risk to unborn babies from hand, foot and mouth disease. However, infected mothers can pass the infection onto newborn babies who rarely can have severe disease.

Outbreaks may occur in child-care settings.

How can it be prevented?

Good hygiene is the best protection:

- Wash hands with soap and water after going to the toilet, before eating, after wiping noses, and after changing nappies or soiled clothing.
- Avoid sharing cups, eating utensils, items of personal hygiene (for example: towels, washers and toothbrushes), and clothing (especially shoes and socks).
- Thoroughly wash any soiled clothing and any surfaces or toys that may have been contaminated.
- Teach children about cough and sneeze etiquette:
 - Cover coughs and sneezes with a tissue. Coughing into an elbow is better than coughing into your hands.
 - Dispose of used tissues in the bin straight away
 - Wash your hands afterwards with soap and water

How is it diagnosed?

Your doctor can diagnose hand, foot and mouth disease based on the symptoms. Laboratory tests are not usually necessary.

How is it treated?

Usually no treatment is needed. Paracetamol will relieve fever and discomfort. Do not give children aspirin.

Allow blisters to dry out naturally. The blisters should not be deliberately burst because the fluid within them is infectious.

What are the signs of a serious infection?

Signs that an infant or older child might have a more serious form of hand, foot and mouth disease include any of the following:

- persistent fever (38°C or above for 72 hours or more)
- abnormal movements / jerking movements
- rapid breathing
- excessive tiredness, drowsiness
- excessive irritability
- difficulty walking.

If any of these signs are present then the child should be seen by a doctor urgently even if they have been checked earlier in the illness.

How long should children stay away from childcare and school?

Children with hand, foot and mouth disease should be excluded from school or childcare facilities until their blisters have dried-up, and any rash (if present) has gone and any fever has settled.

What is the public health response?

Hand, foot and mouth disease is not notifiable under the Public Health Act. However, to help prevent spread parents should report the illness to the director of the childcare centre or the school principal.

Further information

For further information please call your local public health unit on **1300 066 055**.

Information for health professionals

See the [Enteroviruses \(non-polio\) and human parechoviruses fact sheet - Information for clinicians](#).

Page Owner: [Communicable Diseases](#)



FRUIT & VEG MONTH



Fruit & Veg Month is a health promotion program for NSW primary schools that puts a positive focus on fruit and vegetables. Fruit & Veg Month 2017 will be held from 28 August to 22 September. The theme for this year is 'Get Loud for Fruit & Veg!'. Australian children (and adults!) don't eat enough fruit and vegetables. That's why this year's theme will focus on the benefits of fruit and vegetables and promoting the 'eat more' message to peers, families and the wider community. In RFF (Sport, Music and Art) the children will be participating in healthy food choices activities to help our community learn more about the benefits of healthy eating.

KINDERGARTEN STUDENTS CHANGE IN UNIFORM

Due to a change in the RFF (Release From Face-to-face) timetable during Week 9 with the Year 5 Team, Kindergarten shall be **wearing their sport uniform tomorrow on Tuesday 12th September and then wearing their normal summer/winter uniform on Thursday 14th September.**

We thank you in advance for your support with the change of uniform on both these days.

Kind Regards, The Kindergarten Team.



YEARS 5 & 6 DANCE FESTIVAL

Tomorrow Tuesday 12th September - 9am

San Domiano Centre - St Agnes Catholic College Rooty Hill

YEAR 3 EXCURSION

This Wednesday 13th September - 9am

Chinese Gardens Darling Harbour



WHOLE SCHOOL ASSEMBLY - Year 4 Coordinating

THIS FRIDAY 15th SEPTEMBER

Multipurpose Area - 2:30pm



YEARS 5 & 6

"ST JOHN PAUL 2nd DAY"

This Friday 15th September: 9am - 11am

Schofields Campus

SCHOOL FEES 2017

Term 3 school fees are now overdue. Thank you to all the families that have finalised their account for 2017. Reminder letters have been sent to families with an outstanding amount in their school fees account. Please finalise your account as soon as possible. If you are experiencing any financial difficulty and unable to finalise your school fees, please contact the school on 9626.3999 to organise a confidential meeting with Mr Dowd.

Thank you, Claudine Nalletamby - Office Administrator

INTRODUCING THE NEW-LOOK MARY IMMACULATE PRIMARY SPORTS JERSEYS

Touch Football Gala Day

The Stage 3 Touch Football Gala day was held at The Kingsway last Friday. Our Year 5 Boys team came 5th, Year 5/6 Girls team came 3rd and our Year 6 Boys team came 2nd. It was an amazing day watching our MIPS Touch Football athletes achieving such great success. A big thank you to all our family members who came along to cheer us on, particularly Mr Almelor, Mr Zammit and Mr Aloisio who helped coach our teams. Your support is greatly appreciated. Thank you also to Miss Dann for the hard work of sourcing, designing and ordering our new jerseys.



UPDATING STUDENT DETAILS

It is imperative to have up-to-date correct contact details for all of our students. In case of an emergency, current mobile numbers for parents and emergency contacts are required to notify parents. We also request an email address for each parent, as receipts for any payments made at the school are emailed as confirmation of payment. Please see below the form that requests details for your child. These forms are available from the school office, Skoolbag app and school website.

Please note that this information is treated as confidential.

STUDENT CONTACT DETAILS UPDATE

Child's First Name: _____ Surname: _____

Child's Class: _____

Address: _____

Mother's Name: _____

Mother's Email: _____

Home Phone: _____ Mobile: _____

Work Phone: _____

Father's Name: _____

Father's Email: _____

Home Phone: _____ Mobile: _____

Work Phone: _____

Emergency Contact: _____

Relationship: _____

Emergency Phone: _____



MARY IMMACULATE PARISH YOUTH BINGO FUNDRAISER

Saturday 30th September 4pm - 11pm
Mary Immaculate Primary MPA



UNIFORM SHOP TRADING HOURS

Normal trading hours:

Tuesday 8.30 - 10am and Friday 8.30am - 10am

We also do over the phone orders and online orders.

For any enquiries please contact - Elle Ph: 0421 216 414

Email : elle@ozfashions.com.au



WOOLWORTHS EARN AND LEARN IS UNDERWAY! Promotion Ends: Next Tuesday, 19th September 2017

We are excited to be taking part in the 2017 Woolworths Earn & Learn program. From now until 19 September 2017, you can collect stickers at Woolworths that go towards Earn & Learn points. We have set up a collection box in the student foyer for the children to place stickers in. Let your family, friends, work colleagues and neighbours know and ask them to help collect stickers for our school. Every extra sticker helps! The more points we earn, the more we can redeem from a choice of over 10,000 educational resources including Mathematics and English resources, art & crafts materials and much, much more! We are grateful for your support and look forward to a successful program.

TAPERED THE BARBERSHOP

Shop 15, 216 Farnham Road Quakers Hill
Ph: 9837 1399

TRADING HOURS

Monday **CLOSED**
Tuesday 9am-5:30pm
Wednesday 9am-5.30pm
Thursday 9am-8pm
Friday 9am-5.30pm
Saturday 9am- 4pm
Sunday 10am-3pm

Your Friendly neighbourhood Barbers are here. No need for bookings, walk in only.

SPRING SCHOOL HOLIDAY GUIDE

Please find the link for the 2017 Spring School Holiday Guide below, for use on social media/newsletters for parents.

<https://www.blacktown.nsw.gov.au/News-Media/Spring-School-Holiday-Guide>

SCHOOL HOLIDAY PROGRAM Macquarie University

The Junior Science Academy is for children in Kindergarten to Year 6.

The course aims to teach the concepts through experiments, art, drama, physical activity, craft and other hand-on activities.

For more information log on to:
juniorscienceacademy.com.au

Oakhill College GIANT BOOK FAIR

Saturday & Sunday 7th & 8th October
8am - 5pm

Lifeline is holding a Giant Book Fair at Oakhill College, Castle Hill. 45000+ Books, CDs and DVDs. Thousands of childrens' books & study aids.